

Tokai University Online Symposium

"Embodied Spirituality: Meditation practices in the contemporary world"

September 23rd, 2022, 10:00 - 12:00 CET / 17:00 - 19:00 JST

Organized by:

Tokai University European Center (Denmark)

&

Tokai University, Institute of Civilization Research (Japan)



Dr. Shogo Tanaka

Tokai University, Institute of
Civilization Research, Director



Dr. Denis Francesconi

Vienna University, Lecturer



Jihe (Amy) Hsieh

Tokai University, Graduate School
of Letters, Ph.D student.

Tokai University Online Symposium

General Information:

Date:

September 23rd (Fri),
2022

Time:

10:00-12:00 (Denmark)
17:00-19:00 (Japan)

Venue:

Online (Zoom)

Hosts:

- Tokai University
European Center
- Institute of Civilization
Research, Tokai
University

- 10:00-10:05 (17:00-17:05)
Welcome & Opening Remarks by Mr. Jakob Skyt Jensen
Deputy Director, Tokai University European Center
- 10:05-10:35 (17:05-17:35)
Presentation by Dr. Shogo Tanaka
Director, Institute of Civilization Research, Tokai University, Japan
On the Spiritual Dimension of Embodied Experience
- 10:35-11:05 (17:35-18:05)
Presentation by Dr. Denis Francesconi
Lecturer at the University of Vienna, Austria
The Scientification of Meditation
- 11:05-11:35 (18:05-18:35)
Presentation by Ms. Jihe Hsieh
Ph.D. student at Graduate School of Letters, Tokai University, Japan
Breathing Techniques and Holistic Health
- 11:35-11:55 (18:35-18:55)
Q&A and Discussion
- 11:55-12:00 (18:55-19:00)
Closing remarks by Dr. Shogo Tanaka
Director, Institute of Civilization Research, Tokai University, Japan